

# Coalition Update



[www.reading.k12.ma.us/community/readingcoalition/](http://www.reading.k12.ma.us/community/readingcoalition/)

# Our staff



**Erica McNamara, MPH, Director**

**Krystal Mellonakos-Garay, MA,  
Outreach Coordinator**

**Taunya L. Jarzyniecki, LCMHC  
MLADC, Public Safety Clinician**



# Our interns



**Megan Rienzo**  
**Syracuse University**  
**Major: Public Health**



**Ally Brown**  
**Endicott College**  
**Major: Psychology**



# Advisory Board



**24 stakeholders, appointed by the Director, from Reading & the region that serve in an advisory capacity to:**

- **Exchange & share info**
- **Supply staff with feedback**
- **Spread the word about resources & events.**

# Our vision

**WE ARE A COALITION OF YOUTH AND ADULTS WORKING TO CREATE A SAFE, VIBRANT AND HEALTHY READING IN WHICH ALL MEMBERS - YOUNG TO OLD - ENGAGE IN MAKING HEALTHY DECISIONS AND ACTIVELY WORK TOGETHER TO ENSURE THAT TODAY'S RESOURCES SHAPE TOMORROW'S STRENGTHS. EST. 2006**

# Our Strategic Prevention Framework



# Our goals

**BUILD**



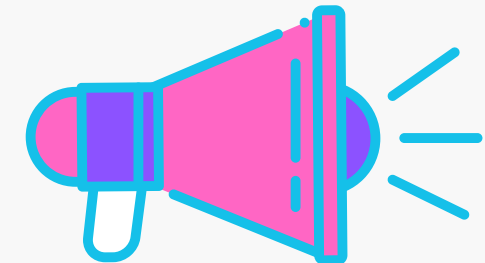
**COMMUNITY  
COLLABORATION**

**REDUCE**



**SUBSTANCE  
MISUSE**

**PROMOTE**



**MENTAL  
HEALTH**



# Our Coalition Strategies





# Our Output

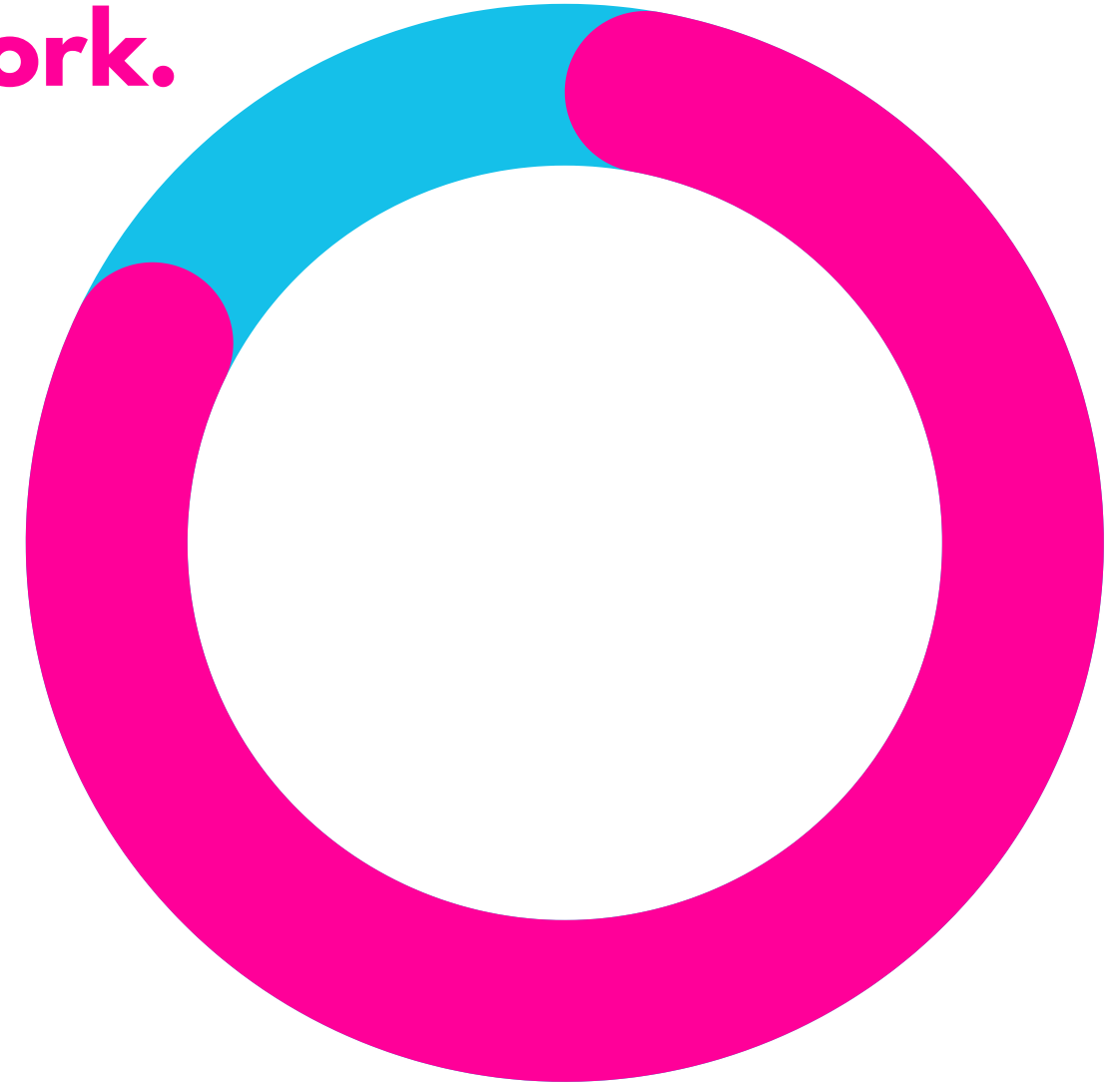
**Social Solutions cloud based software tracks our work.**

**Apricot is:**

- **HIPAA compliant**
- **Password protected**
- **Varied templates/ training**

**We conducted 115 coalition activities which reached 2,100 individuals in 2021.**

- **85% of staff time spent on coalition activities.**
- **15% of staff time spent on professional development.**



# Mental Health First Aid

Coalition Director taught teen Mental Health First Aid for 213 (11th grade) students in RMHS Health classes & Adult Mental Health First Aid for 15 Reading Public Library staff.



**Mental Health**  
**FIRST AID**

*from* NATIONAL COUNCIL FOR  
MENTAL WELLBEING



# Our Outreach Efforts

- Outreach @ community events including Pride Events, Friends & Family Day, Burbank Y Healthy Kids Day, National Night Out & more.
- Conducted "Trusted Adult" chats during Substance Misuse Screening for all RMHS sophomores.
- Arranged an Eating Disorder Prevention Presentation for parents.
- Taught CHV Class to 10 RMHS students.
- Coordinated Pocket Talk Pilot Program.



# Professional Development Highlights

- **OC completed 8-week Youth Worker Certificate Training Program by the BEST Institute.**
- **OC became a certified Youth Mental Health First Aid Instructor.**
- **OC, PSC & Intern attended Youth at Risk Conference at Endicott College (sponsored by MVPHC.)**
- **OC attended Mental Health & Law Enforcement Conference at Fitchburg State University.**
- **OC attended the CADCA Mid-Year Training Institute in Orlando, Florida (sponsored by MVPHC.)**
- **CIT Steering Committee completed CIT Coordinators Program.**





# Coalition & SKOOS

- Educated all 6-8 graders at Austin Prep on Vaping Prevention.
- Reached all RMHS 9th graders on Opioid Prevention.
- Hosted Green Ribbon Project with RMHS.



Join Coop & Rusty in supporting  
Mental Health Awareness.  
Wear a Green Ribbon in May!



Officer  
Cooper



Officer  
Rusty





# Rocket Leaders in Action





# Our Clinical Support

New Public Safety Clinician position created by Town Meeting. Taunya started on April 4, 2022. Her focus has been on...

- Building relationships with police, schools, and town departments.
- Rapport building followups and case management on CIT related cases.
- Established Office Hours at the Senior Center, RPL, and at the PD.
- Brief therapeutic support for residents.





# Crisis Intervention Team

## Est. 2020



First responder  
& follow-up



Reduce  
barriers &  
provide follow-  
up



Provide  
Domestic  
Violence  
services



Training & best  
practices





# *Our Clinical Collaborations*

**Public Safety Clinician participates in...**

**Reading Hoarding Task Force with Health, Fire, Building, Elder/Human Services & Police representatives.**

**Medford Regional HUB Team**

**Regional Clinical & Recovery Professionals Group**

# Our Resources

**107 READING RESIDENTS USED  
INTERFACE IN 2021-2022**

**MENTAL HEALTH  
RESOURCE LIST FOR READING, MA**



**SUBSTANCE USE  
RESOURCE LIST FOR READING, MA**



**WILLIAM JAMES  
COLLEGE**  
INTERFACE Referral Service

*Free to the town of*  
**Reading**

Resource Information  
Provider Referral

Where can you learn about  
Mental Health Resources in  
your community?  
How can you access Mental  
Health Services?  
Find answers at the William  
James College INTERFACE  
Referral Service website:  
[interface.williamjames.edu](http://interface.williamjames.edu)  
Or call the INTERFACE® Helpline at  
1-888-244-6843 Monday-Friday  
9:00 am - 5:00 pm



# Our Regional Work



**MYSTIC VALLEY**  
Public Health Coalition

**MALDEN  
MEDFORD  
MELROSE  
READING  
STONEHAM  
WAKEFIELD  
WINCHESTER**

## NEEDS ASSESSMENT

### QUALITATIVE

- 8 YOUTH FOCUS GROUPS
- 3 PARENT FOCUS GROUPS
- REGIONAL PUBLIC HEALTH YOUTH GROUP
- 34 KEY INFORMANT INTERVIEWS
- 36 INFORMAL INTERVIEWS

### QUANTITATIVE

- YOUTH RISK DATA
- CENSUS DATA
- MA DEPT. OF EDUCATION DATA

# 2022 RECOVERY & REMEMBRANCE EVENT



Join us for a gathering of our 7 communities to celebrate our recovery community and those loved ones we have not forgotten.

Malden Medford Melrose Reading  
Stoneham Wakefield Winchester

## SAVE THE DATE

9/28/2022

6:00-7:30 PM

READING TOWN COMMON



A WALK TO REMEMBER STORY FROM



## Malden

### "Beloved Brother" Chris Scalfo



7.4.99 - 6.20.20





# LEARN MORE

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